**LEXICAL TEST.**

***MODULE 6. FOOD & HEALTH.***

**VARIANT 1.**

1. **Complete the sentences with the correct form of the verbs in brackets.**

My name ***1).\_\_(be)*** Tommy. I ***2).\_\_(be)*** from London. I ***3).\_\_(have got)*** a large family. My family ***4).\_\_(have)*** good and bad habits. My father and my mother ***5).\_\_*** (***eat)*** fruit and vegetables, but my sister ***6).\_\_(not like)*** fruit. She ***7).\_\_\_(eat)*** fast food almost every day. My father and I ***8).\_\_\_(play)*** tennis on Monday and Wednesday. My sister ***9).\_\_\_(not go)*** in for sports. She prefers dancing and singing. My brother ***10).\_\_\_(go)*** to the gym he ***11).\_\_\_\_(do)*** martial arts professionally. My family and I ***12.\_\_\_(love)*** watching TV in the evening. It ***13).\_\_\_(be)*** very funny. I ***14).\_\_\_(go***) to bed early because I ***15).\_\_\_(not like)*** being late for school the following day.

1. **a).Match the following words to form phrases:**
2. well-balanced a. exercise
3. artificial b. tips
4. sugary c. diet
5. regular d. additives
6. health e. drinks

**b) Use the phrases in Ex.2a to complete the sentences below.**

**Translate these sentences into Russian.**

1. Since I have been taking ….. I feel much better.

2. This juice tastes odd *(странный)* because of all the …….it has.

3. She likes to keep…. as part of her healthy lifestyle.

4. She has cut out …… and junk food.

5. My personal trainer at the gym gave me some very good ….

1. **Fill in the verbs:**  *catch, fight, avoid, keep, improve, protect, feel, cut out.*

**There are 3 words you do not need to use.**

1. If you want to keep your teeth strong and healthy, try to ….sugary drinks and sweets.
2. Wear a warm hat and a scarf! I don’t want you to….. . a cold.
3. Red foods get us extra boost and …… people active for longer.
4. Carrot is rich in vitamin C, it’s important because it helps to …our eyesight.
5. Try to follow healthy tips, it will ……. your body from many serious illnesses.
6. **Choose the right word.**
7. I’m really hungry – my tummy’s ***soothing /rumbling/starving*** !
8. As you get older your ***teeth/bones/eyesight*** begins to fall.
9. I want a bottle of ***still/fizzy/mineral*** water, not sparkling.
10. Fast and junk food contains a lot of ***additives/spices/fiber.***
11. Try not to let your ***boost/emotions/brains*** get in the way of making the right decision.
12. **Choose the correct response.**
13. A: I’m underweight!

B: a) Have you thought about eating less and taking regular exercises?

b) Have you thought about eating three well-balanced meals?

1. A: I have a stomach ache during the day.

B: a) It would be best if you cutting out spicy and junk food.

b) Are you feeling better?

1. A: I often lack of concentration in the afternoon.

B: a) Have you thought about eating lots of iron-rich foods?

b) Have you thought about cutting out spicy foods?

1. A: I’ve had a toothache for two days.

B: a) Why don’t you cut down sugary drinks and snacks?

b) Why don’t you eat foods rich in vitamin C?

1. A: I’m always catching colds.

B: a) You might feel better if you ate iron-rich foods.

b)You might feel better if you ate foods rich in vitamin C.

**6. Translate the sentences from Task 2b into Russian.**

**LEXICAL TEST.**

***MODULE 6. FOOD & HEALTH.***

**VARIANT 2.**

1. **Complete the sentences with the correct form of the verbs in brackets.**

My name ***1).\_\_(be)*** Mike. I ***2).\_\_(be)*** from Liverpool. I ***3).\_\_(have got)*** a large family. My family ***4).\_\_(have)*** good and bad habits. My father and my mother ***5).\_\_*** (***eat)*** fruit and vegetables, but my sister ***6).\_\_(not like)*** fruit. She ***7).\_\_\_(eat)*** fast food almost every day. My father and I ***8).\_\_\_(play)*** tennis on Monday and Wednesday. My sister ***9).\_\_\_(not go)*** in for sports. She ***10)***.\_\_\_***(prefer)*** dancing and singing. My brother ***11).\_\_\_(play)*** volleyball professionally. My family and I ***12.\_\_\_(love)*** watching TV in the evening. It ***13).\_\_\_(be)*** very funny. I ***14).\_\_\_(go***) to bed early because I ***15).\_\_\_(not like)*** being late for school the following day.

1. **a).Match the following words to form phrases:**
2. regular a. additives
3. health b. drinks
4. well-balanced c. exercise
5. artificial d. tips
6. sugary e. diet

**b) Use the phrases in Ex.2a to complete the sentences below.**

**Translate these sentences into Russian.**

1. She has cut out …… and junk food.

2. My personal trainer at the gym gave me some very good ….

3. Since I have been taking ….. I feel much better.

4. This juice tastes odd *(странный)* because of all the …….it has.

5. She always follows…. as part of her healthy lifestyle.

1. **Fill in the verbs:**  *catch, treat, avoid, fight, keep, improve, protect, feel.*

**There are 3 words you do not need to use.**

1. Carrot is rich in vitamin C, it’s important because it helps to …… our eyesight.
2. Try to follow healthy tips, it will ……. your body from many serious illnesses.
3. If you have got a big game tonight … yourself to one or even two of your favourite red food.
4. Wear a warm hat and a scarf! I don’t want you to….. . a cold.
5. Red foods get us extra boost and …… people active for longer.
6. **Choose the right word.**
7. Fast food contains a lot of ***additives/spices/fiber.***
8. Try not to let your ***boost/emotions/brains*** get in the way of making the right decision.
9. I’m really hungry – my tummy’s ***soothing /rumbling/starving*** !
10. As you get older your ***teeth/bones/eyesight*** begins to fall.
11. I want a bottle of ***still/fizzy/mineral*** water, not sparkling.
12. **Choose the correct response.**
13. A: I’ve had a toothache for two days.

B: a) Why don’t you cut down sugary drinks and snacks?

b)Why don’t you eat foods rich in vitamin C?

1. A: I’m always catching colds.

B: a) You might feel better if you ate iron-rich foods.

b)You might feel better if you ate foods rich in vitamin C.

1. A: I’m underweight!

B: a) Have you thought about eating less and taking regular exercises?

b) Have you thought about eating three well-balanced meals?

1. A: I have a stomach ache during the day.

B: a) It would be best if you cutting out spicy and junk food.

b) Are you feeling better?

1. A: I often lack of concentration in the afternoon.

B: a) Have you thought about eating lots of iron-rich foods?

b)Have you thought about cutting out spicy foods?

**6. Translate the sentences from Task 2b into Russian.**